

**CERTIFICATION FOR SPIRITUAL DIRECTION OPTION
IN “THE SPIRITUAL EXERCISES” TRACK**

Participants in “The Spiritual Exercises in Everyday Life” track have an option in the 2025-26 program to concurrently access a training for certification as a Spiritual Director. A special application form accompanies this email for prospective candidates. Highlights of what would be involved for certification include:

- 1) Attendance at five special webinar sessions exclusively focused on the practice of spiritual companioning with others. Richard Groves will facilitate these webinars (see schedule below).
- 2) To meet certification requirements, a monthly reflection paper is required on the practice of spiritual direction.
- 3) Monthly engagement with at least one directee will be required in order to be apprenticed in the art of spiritual direction under the supervision of SALC track mentors.
- 4) Extra focus on the role of the Enneagram will be included as a lens for discernment in the art of spiritual direction.

Please consult the special flyer (also attached with this mailing) regarding the Certification option for this track. Also note that fees listed on the flyer are reduced for track participants. Instead of the \$1000 or \$2000 fee listed for certification, track participants would only pay \$500 for the certification option (in addition to the usual track tuition). The latter fee is not due until the end of 2025 calendar year.

If a participant is considering the certification option, please communicate your intention as soon as possible by emailing Maryhelen Zabas, Anamcara Program track coordinator: maryhelen@sacredartofliving.org Please direct any questions to her and, if necessary, you can request to communicate with Richard Groves. You may also complete and submit the Application Form at this time, if interested. **Absolute deadline to apply for the certification option is July 31.**

WEBINAR DATES/TIMES FOR CERTIFICATION PARTICIPANTS

**All webinars on zoom meeting platform from 8:30-10:00am Pacific Time/4:30-6:00 Irish Time
2025**

September 17/Wednesday

November 12/Wednesday

2026

January 14/Wednesday

March 18/Wednesday

May 13/Wednesday