

THE SPIRITUAL EXERCISES TRACK IMPORTANT DATES

Monthly Zoom Meeting Dates:

8:30-11:00 am/Pacific Time 4:30-7:00 pm/Irish Time

2025

September 6 (DST = Daylight Savings Time)

Special Orientation Webinar Session:
8:30-10:30am Pacific Time/4:30-6:30 Irish Time

September 13 (DST)

Month One

October 11 (DST)

Month Two

November 8 (ST = Standard Time)

Month Three

December 13 (ST)

Month Four

2026

January 10 (ST)

Month Five

February 14 (ST)

Month Six

March 14 (DST in US & Canada/ST in Ireland)

Month Seven

April 4* (DST)

Month Eight

May 9 (DST)

Month Nine

June 13 (DST)

Month Ten

*Note that all monthly zoom meetings are scheduled for the second Saturday of the month EXCEPT the April date

Spiritual Direction Certification Zoom Meetings:

8:30-10:00 am/Pacific Time 4:30-6:00 pm/Irish Time

2025

September 17/Wednesday (DST)

Supervision Session #1

November 12/Wednesday (ST)

Supervision Session #2

2026

January 14/Wednesday (ST)

Supervision Session #3

March 18/Wednesday

(DST in North America/ST in Ireland)

Supervision Session #4

May 13/Wednesday

Supervision Session #5