

THE SPIRITUAL EXERCISES

MONTH SEVEN

17 MARCH – 3 APRIL

MONTH 7

WEBINAR: 14 MARCH, SATURDAY (LENT/HOLY WEEK)

THEME: TWO SIDES OF PASSION

Months Seven and Eight of The Exercises lead us into the culmination of Ignatian Spirituality. The themes of Passion/Death and Resurrection offer universal wisdom within every great mystical tradition. In our year together, these themes nicely line up with the liturgical seasons of Lent, Holy Week, Passover and Easter.

Here is an outline of how our weekly practices within Month Seven guide The Exercises. The month consists of a shorter, three-week period before our April Webinar (which begins Month Eight). Saturday, 4 April also happens to fall on the day before Easter this year!

WEEKLY EXERCISES

WEEK ONE (March 16-20/Monday-Friday)

Standing in Our Tragic Gaps

Colloquy Reflections: Tragic Gaps in Scripture

Enneagram: Passion & Gift

WEEK TWO: (March 23-27/Monday-Friday)

Forgiveness Exercises

Colloquy: Letters of Forgiveness

Enneagram: Enneagram of Lies

WEEK THREE/Holy Week: (March 30-April 3/Monday-Friday)

Teaching: Die before you die...

Colloquy: Selections from the Passion of Christ

Enneagram: Avoidance