

ENNEAGRAM STYLE 5

Fives thirst for information and knowledge and use emotional detachment as a way of keeping involvement with others to a minimum.

Also called the... Observer · Recluse · Thinker · Investigator



5 Enneagram Style
KNOWLEDGE

THIRST FOR KNOWLEDGE

Fact-focused, objective, and analytical, Fives seek and guard knowledge, particularly in the areas that interest them the most. They are fascinated by information, and it is not unusual for Fives to have an extensive personal library in a room that is entirely their own. This library may contain books, CDs, DVDs, or magazines. This room represents both the Five's storehouse of information and an area of personal retreat - the place the Five can be alone without external demands being placed on him or her.

PRIVACY

Fives are usually very private and come alive when they are by themselves. This private time allows them to recharge their batteries and ready themselves for another day of interaction with others. At one extreme, Fives can be hermits, leading reclusive, mental lives. On the other hand, Fives can also be quite public, interacting with others in clear and circumscribed roles; these specific roles allow them predictability in their interactions and a way to keep the expression of their personal feelings to a minimum. Fives may share personal information with selected individuals whom they trust, but they expect these confidants to carefully guard even the smallest details of what has been discussed.

EMOTIONAL DETACHMENT

Fives can detach from their emotions at will and then re-experience their feelings later, when they are alone or feel safe. Fives often say that their emotions are more available and accessible when no one else is around to observe them and that they need this time alone to sort out what they have actually experienced and are feeling.

COMPARTMENTALIZATION

Fives often separate or compartmentalize the different parts of their lives. They often have different friends for work, recreation, or community service, and they may intentionally never introduce these groups of friends to one another. Fives may also compartmentalize the knowledge they accumulate, placing information in separated "slots" or mental categories.

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Basic Concern: Will demands be made on me for my time, energy, and resources?

Place a check by the words that describe you well.



5 Enneagram Style
KNOWLEDGE

AREAS OF STRENGTH

- Analytic
- Insightful
- Objective
- Systematic
- Thorough planning
- Excellent in crises
- Persistent
- Expert

AREAS FOR DEVELOPMENT

- Detached
- Aloof
- Overly independent
- Unassertive
- Underemphasize relationships
- Don't share information
- Stubborn
- Critical of others

When a situation gets emotional or intense, am I able to easily disconnect from my feelings of the moment and then reconnect later at a time and place of my choice?

Yes No Sometimes

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