

## "I Want to Age Like Sea Glass"

Bernadette Noll

I want to age like sea glass. Smoothed by tides, not broken.  
I want the currents of life to toss me around,  
shake me up and leave me feeling washed clean.



I want my hard edges to soften as the years pass -- made not weak, but supple.

I want to ride the waves,  
go with the flow,  
feel the impact of the surging tides rolling in and out.

When I am thrown against the shore and caught between the rocks and a hard place,  
I want to rest there until I can find the strength to do what is next. Not stuck –

just waiting  
pondering,  
feeling what it feels like to pause.

And when I am ready, I will catch a wave and let it carry me along to the next place  
that I am supposed to be.

I want to age like sea glass so that when people see the old person I'll become, they'll  
embrace all that I am. They'll marvel at my exquisite nature, hold me gently in their  
hands and be awed by my well-earned patina.

Neither flashy nor dull, just the right luster. And they'll wonder, if just for a second,  
what it is exactly I am made of and how I got to be in this very here and now.  
And we'll both feel lucky to realize, once again, that we have landed in that perfectly  
right place at that profoundly right time.

I want to age like sea glass. I want to enjoy the journey and let my preciousness be,  
not in spite of the impacts of life, but because of them.