

Anamcara Project. Healing Practices at the End of Life

REFUGE OF THE SENSES: THE 'MIRACLE' OF NONVERBAL SOMATIC LANGUAGE SKILLS ~ Syllabus

Ann Jacob + Stan Tomandl <annstan@comacommunication.com>

Training Video

Refuge of the Senses: The 'miracle' of nonverbal somatic language This video is 1:40 long - we recommend you view in two or three sittings.

Additional Videos + Reading

* *Sacred Art of Living & Dying Unit 3 Coma Communication*. Ann & Stan interviewed by Richard Groves -- including demonstrations.

* **Ann Jacob & Stan Tomandl** share experiences of working with aging and dementia.

<http://www.processwork.org/stan-and-ann-tomandl-on-aging-and-dementia/>

* *Coma: A Healing Journey: A Guide for Family, Friends, and Helpers* by Amy Mindell p. 72 - 83

Blessed Practices for the Month

1. *Observe* as you go through your days, at times, which channel(s) people are occupying and when they switch. Colleagues, family members, people on the street, in cafes, etc.
2. *Notice* as you go through your days, at times, which channels you are in and which channels you are most comfortable with. And which channels you receive the most new information in: visual, auditory, body sensation, movement, relationship, world.
3. *Tracking* positive, negative and mixed feedback: Notice in ordinary conversation, and with clients in altered consciousness, when you get a definite *positive* response to your conversation, when you get *no response*, and when feedback is *mixed*, yea and nay.

Journal on your insights, your wonderings, and what you learned and observed this month while using extra awareness for channels and feedback.

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Further Resources. Optional study ~ cut and paste the links listed below into a browser.

Amy and Arny Mindell

<http://www.aamindell.net/coma-and-near-death/?rq=coma>

Andrews, Kieth; Murphy, Leslie; Munday, Ross; Littlewood, Clare. "Misdiagnosis of the Vegetative State: Retrospective Study in a Rehabilitation Unit", *British Medical Journal*, 07, 1996; 313: pp 13-16

<https://pubmed.ncbi.nlm.nih.gov/8664760/>

Barclay, Laurie. "Loneliness increases risk for AD-Like Dementia", *Medscape*. Feb. 6, 2007.

<https://www.medscape.org/viewarticle/551737>

Barclay, Laurie. Solan, Matthew, "New Details about Loneliness and Dementia Risk", *Harvard Men's Health Watch*, May 1, 2022. <https://www.health.harvard.edu/mind-and-mood/new-details-about-loneliness-and-dementia-risk>

[loneliness-and-dementia-risk](https://www.health.harvard.edu/mind-and-mood/new-details-about-loneliness-and-dementia-risk)

Schiff, Nicholas D.; Fins, Joseph J. "Brain death and disorders of consciousness", *Pubmed*,

July 11, 2016 <https://pubmed.ncbi.nlm.nih.gov/27404252/>

Coma Work

Ann Jacob & Stan Tomandl

Coma Communication & Process Oriented Facilitation

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