

## MONTHLY REFLECTION PAPERS

During The Well of Grief and Love track, you will be expected to email Marv and Elizabeth a monthly reflection paper. Your paper (one to two pages in length) consists of two elements:

1. As you do the pre-webinar assignments, make note of your responses to them. It may be helpful to jot one question and one insight for each assignment. Let the questions below guide you in writing your monthly reflection. This is meant to be a summary of what has been most useful to you, not a dissertation.

- What teachings are most meaningful to you? Why?
- What questions do they leave you with?
- How has viewing/listening to this material added to your knowledge and understanding of grief and love?

2. Also, share reflections on your experiential explorations each month.

Your papers are due no later than one week **PRIOR** to the next month's online Webinar for our track. This way, your mentors can read your reflections and respond to them if needed before or during the webinar as appropriate. Please keep a calendar of this schedule for submission of Reflection Papers:

- October 5th
- November 2nd, 2024
- December 7th, 2024
- January 4th, 2025
- February 1st, 2025
- March 1st, 2025
- March 29th, 2025
- May 3rd, 2025