

## A WINTER SOLSTICE BLESSING

As we celebrate this sacred time of the year,  
when darkness yields to increasing light.  
When the days begin to lengthen, and nights grow shorter,  
may we open ourselves to the beauty of our inner light.

May we become more aware that darkness and light  
are like two hands holding the wonder of who we are.  
May we embrace them both with assurance  
that each will bring us to a greater awareness.

May the coming of the light lead us to awe and wonder.  
May it open us to greater love, joy, peace, and hope.  
May we know that we are never alone, even when we feel alone.  
May we open ourselves to all the love and light surrounding us.

During these lengthening days as the light grows brighter,  
and we celebrate the coming of the Light in our various traditions,  
may we remember and give thanks for the beauty of nature,  
the wonder of our planet and the gift of every human person.

— Debbie Doornbos  
December 21, 2020

