

PRE WEBINAR

Short Video

AGING AND DEMENTIA. Ann Jacob & Stan Tomandl - Interviewed by Chris Allen at the Process Work Institute. <https://www.processwork.org/category/vlog/> *(May have to paste the link into your browser)

Readings

Levels of Awareness - Rivers & Life Chart

Coma Work and Palliative Care. pp. 17, 18, 19

Communication Theory Chart

THROUGHOUT THE MONTH

Training Video: TWIN METAS: Umbrellas for Sheltering Essential Communication with PowerPoint.

Readings:

Metaskills: the Spiritual Art of Therapy. 'The Earth of Psychotherapy' pp. 30-42.

Journal of Process Oriented Psychology, 'A Comparison of the Medical/Nursing Approach and Process Work: A Journey through the Minefield of Unconsciousness' pp. 23-31.

Practices

Track where you are good at metacommunicating, and when and where you lose it i.e. in various emotions, with certain people or groups, at different hours of the day, during certain activities or during physical exertion or meditation. Track yourself and your patterns. Especially with your family and close friends. Keep a record of new insights.

Further Resources ~ optional

Books:

MINDELL, Amy. *Coma, a Healing Journey: A Guide for Family, Friends, and Helpers*. (1998) A practical guide to nonintrusive treatment of patients in altered consciousness.

MINDELL, Amy. *Metaskills: The Spiritual Art of Therapy*. (1995) Metaskills are deep feeling attitudes for living and interacting with those in all states of consciousness: curiosity, compassion, spontaneity, courage, our own inner awareness, etc.

MINDELL, Arnold. *City Shadows: Psychological Interventions in Psychiatry*. (2008) Elucidates the crises in modern psychotherapy related to biomedical thinking. Detailed descriptions of process work with people in extreme states who partially lack metacommunicating abilities. Pertains to people with dementia and end of life who could end up on antipsychotic medications and/or in mental hospitals. ~ Some people in end of life delirium would likely end up in mental hospital if they weren't dying.

BATESON, Gregory. *Steps to an Ecology of Mind: A Revolutionary Approach to Humanity Understanding Itself*. Look up 'metacommunication under 'communication' in the index. Gregory is the explorer that really put 'meta' into our consciousness, including meta learning, that is learning how to learn.

Articles:

To access you may have to copy and paste these links below into your browser.

(These origin articles; we have yet to find updated research that basically goes any further.)

Andrews, Kieth; Murphy, Leslie; Munday, Ross; Littlewood, Clare. "Misdiagnosis of the Vegetative State: Retrospective Study in a Rehabilitation Unit", *British Medical Journal*, July 6, 1996; 313: pp 13-16. <https://pubmed.ncbi.nlm.nih.gov/8664760/>

Barclay, Laurie. "Loneliness increases risk for AD-Like Dementia", *Medscape*. Feb. 6, 2007. <https://www.medscape.org/viewarticle/551737>

Boly, M.; et al. "When Thoughts Become Action: An fMRI paradigm to study volitional brain activity in non-communication brain injured patients", *NeuroImage*. 36 (2007). pp 979-992. <https://europepmc.org/article/MED/17509898>

Coleman, Martin, R., et al. "Do vegetative patients retain aspects of language comprehension? Evidence from fMRI". *Brain*. (2007), 130, pp 2494-2507. <https://pubmed.ncbi.nlm.nih.gov/17827174/>

Formisano, R., Carlesimo, G.A., Sabbadini, M., et al. "Clinical predictors and neuropsychological outcome in severe traumatic brain injury patients", *Acta Neurochir*. 146 (5), May 2004, pp 457-462. <https://pubmed.ncbi.nlm.nih.gov/15118882/>

Kirsch, Irving; Deacon, Brett J.; Huedo-Medina, Tania B.; Scoboria, Alan; Moore, Thomas J.; Johnson, Blair T. "Initial severity and antidepressant benefits: A meta-Analysis of data submitted to the Food and Drug Administration", *PLOS Medicine* V. 5, Issue 2, February 2008. <https://journals.plos.org/plosmedicine/article?id=10.1371/journal.pmed.0050045>

Monti, Martin, M. and Vanhaudenhuyse, Audrey, *et al.* "Willful Modulation of Brain Activity in Disorders of Consciousness", *The New England Journal of Medicine*. February 2010. <https://www.nejm.org/doi/full/10.1056/NEJMoa0905370>

Schiff, Nicholas D.; Yoon-Hang, K. and Maizes V. "Vegetative States – an Integrative Approach", *Alternate Therapies*, V. 11, No 1, 2005, pp 26-33. <https://pubmed.ncbi.nlm.nih.gov/15712763/>

Websites:

Again, you might have to copy and paste these below links into your browser.

Amy and Arny Mindell: www.aamindell.net/coma-and-near-death/?rq=coma

Ingrid Rose: <https://www.ingridrose.net/training>

Pierre Morin + Kara Wilde: <https://creativehealing.org/projects/coma-and-brain-injury-recovery/>