

SEASONS OF OUR LIVES PRACTICUM
Integrating the Learning
February 14, 2024

All Anamcara Apprentices undertake a practicum as part of their second year. Graduates are encouraged to also prepare a practicum project. The purpose of the practicum is to integrate what you have been learning or have learned in this track. This is an opportunity to use your creativity, and have some fun putting it together. It is not meant to be arduous or academic. A few examples include creating a collage, making a video, creating a poster board, choosing and/or creating a piece of music that highlights your learning, sharing key learnings from what you journaled, writing a poem or psalm, etc. You could use the photos you have taken throughout the year, poems you have created, activities you found helpful, items you collected in nature, or whatever would be meaningful for you. Whatever you decide, it should be both a learning experience and a short presentation– not more than five (5) minutes. At the closing retreat on Saturday, June 1, 2024, we will make time for you to share your practicum project. Apprentices will have the first opportunity to present, followed by graduates.

Below are two options that may be helpful in guiding how you proceed.

Option #1 – Presentation

During our final webinar make a max 5-minute presentation to the group on one or all of the following (you may also pre-record a video):

- Share what have you learned through your nature quest experience, courageous questions etc. in whatever creative way you would like, and/or
- Tell us how you will use your learning from this track going forward in your life and/or
- Describe how you have moved through the seasons of your life this year. Consider your own season of life, what would you like to pass on to those you love. What kind of legacy would you like to leave? Is there a legacy project you would like to do? If so, what would that be?

Option #2 - Writing

Before the closing retreat, send us a 500-word (maximum) reflection paper on one or all of the following:

- What have you learned through your nature quest experience, courageous questions etc. Feel free to include photos, etc.
- How will you use your learning from this track going forward in your life?
- How have you have moved through the seasons of your life this year? Consider your own season of life, what would you like to pass on to those you love? What kind of legacy would you like to leave? Is there a legacy project you would like to do? If so, what would that be?

